

2025-04-11 Meditation for Friday in the Fifth Week of Lent is now available at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

*Ich bete an die Macht der Liebe,  
O Pow'r of love, all else transcending,  
Die sich in Jesu offenbart;  
In Jesus present evermore,  
Ich geb' mich hin dem freien Triebe,  
I worship thee, in homage bending,*

### ***O Crux Ave***

Lyrics: A verse added in the 10<sup>th</sup> c. to the hymn *Vexilla regis prodeunt*, True Cross.

Music: Rihards Dubra (b. 1964)

Artists: Vocalensemble AllaBreve, Nataliya Lukina

Live recording in the Pfarrkirche von Wolkenstein, Gröden

<https://www.youtube.com/watch?v=eyS9Gl4UOHY>



*O crux ave spes unica* (French token, 1805)

*O crux ave,  
O hail the cross,  
spes unica hoc passionis tempore  
Our only hope in this Passiontide,  
auge piis justitiam  
Grant increase of grace to believers  
reisque dona veniam.  
And remove the sins of the guilty.*

[Closing words to our theme song:]

*O! dass diess jeder Sünder wüsste,  
O! that every sinner would know this,  
Sein Herz wohl bald dich lieben müsste.  
His heart must soon surely love You.*

Evan

[j.evan.kreider@ubc.ca](mailto:j.evan.kreider@ubc.ca)